

**Dr. DARAKHSHAN PARVEEN**  
**Assistant Professor (Psychology)**  
E-mail address: [dar.amu15@gmail.com](mailto:dar.amu15@gmail.com)



**Present Institutional Affiliation:** SHIBLI NATIONAL COLLEGE, AZAMGARH, INDIA

#### Career Objective

- Seeking an opportunity in a professional and growth oriented organization, where I can give my best to achieve the organizational goals and learn for my career accomplishment.

#### Academic Credentials

DEGREE	BOARD	OPTIONAL/SPECIALIZATION (MAJOR SUBJECTS UNDERTAKEN)	YEAR	DIVISION
AISSE (10 <sup>th</sup> )	C.B.S.E	All	1999	1 <sup>st</sup>
AISSCE (10+2)	C.B.S.E	PCB (Science)	2001	1 <sup>st</sup>
B.A	A.M.U	<b>Psychology</b> , Economics, English	2004	2 <sup>nd</sup>
M.A	A.M.U	Psychology	2008	1 <sup>st</sup>
M.Phil	A.M.U	Psychology (Organizational Behavior)	2012	1 <sup>st</sup>
Ph.D	A.M.U	Psychology (specialization in Organizational Behavior)	2016	Awarded

- **M.Phil** on topic “*Dimensions of Organizational Change and their Impact on Work Commitment*” under the supervision of Dr. Asma Parveen.
- **Awarded Ph.D** on the topic “*Impact of Organizational Citizenship Behavior and Organizational Change on employees’ Work Ability*” under the supervision of Professor Naeema K. Gulrez.

#### Publications

- Paper entitled “**Mental Health in relation to Work Ability of Metropolitan City Employee’s**” accepted for publication by Bombay Psychological Association. **ISSN 0975-0738.**
- Paper entitled “**Organizational Change as a predictor of Work Commitment among male and female employees**” Published in International Journal of Education and Management Studies, Published by Indian Association of Health, Research and Welfare. **ISSN 2231-5632.**

- Paper entitled “**Organizational Citizenship Behavior and Job tenure: an empirical study at Indian organizations**”, published by International Journal of Psychological Science, July- Issue 6(1),2015.**Impact factor: 1.929, ISSN- 09769218.**
- Paper entitled “**Organizational climate as a predictor of Psychological Well-Being among hospitality Industry**” published in Journal of Psychology In India. **ISSN 2319796X, July issue 2016.**
- Paper entitled “**Mental Toughness and Aggression among Male and Female North Zone Intervarsity Basketball Players**” published in Journal of Psychology In India. **ISSN 2319796X, July issue 2016.**
- Paper entitled “**Mental Health, Life Satisfaction and Work Ability among Employees**” published by Indian Journal of Developmental Disabilities. **ISSN 23197951, January 2017, vol4 (1).**

#### **Technical skills**

- Diploma in **Computer Fundamentals and MS Office**, from University Polytechnic, AMU, Aligarh, from 14/10/2010 to 31/12/2010, sponsored by AICTE, Govt. of India.
- MS Office Suite (Word, Excel, PowerPoint).
- SPSS (Statistical package for Social Sciences).

#### **Work Experience**

- **Currently working as Assistant Professor, Psychology at Shibli National College, Azamgarh, India. (since five years)**
- Worked as Assistant Professor, Psychology at Amity University, Rajasthan. India. From 08 November 2016 to May 2018.
- Worked as Senior Research Consultant at Prasad Psycho Corporation, New Delhi, from June 2016 to 10, January 2017.
- Worked as Counselor in the All India Institute of Medical Sciences (**AIIMS**), New Delhi from August 2011 to January 2013.

#### **Workshops/ Training**

- Workshop on “**Women’s Empowerment and Gender equality**”, AMU, Aligarh. **Date:** 21 February – 7 March 2004.
- Participated in Workshop on “**Mental Health Issues**”, Dev Sanskriti Vishwavidyalaya, Haridwar, INDIA. **Date:** 23 - 29 December 2006.
- Workshop training on **Counseling**, Khushi Foundation, AMU, Aligarh, INDIA. **Date:** 2-4 February 2007.
- Workshop on **SPSS (Statistical Package for Social Sciences) and Research in Psychology**, Department of Psychology, AMU, Aligarh, INDIA. **Date:** 15 -16 December 2009.

- Workshop training on **Data Analysis with R and SPSS**, UGC Academic Staff College, AMU Aligarh, India. **Date:** 19- 24 July 2010.
- Workshop on “**Stress Management and Mental Health**”, UGC Academic Staff College, AMU, Aligarh (U.P), INDIA. **Date:** 22 – 25 November 2010.
- **SPSS Software training programme (25 days)** by Muslim social Uplift society, Sultan Jahan Coaching Centre. Aligarh. **Date:** 04- 28 February 2013.
- Short-term course on “**Your Health Wellbeing**”, UGC Academic Staff College, AMU, Aligarh (U.P), INDIA. **Date:** 15– 21 December 2014.
- Attended ten days **Research Methodology** course to Ph.D students, sponsored by ICSSR- AMU Aligarh, India. **Date:** 1 – 10 September 2014.
- Workshop training on **Data Analysis with SPSS and R**, UGC Human Resource Development Center, AMU Aligarh, India. **Date:** 09- 15 September 2015.
- Attended ten days **Research Methodology** course to Ph.D students, sponsored by ICSSR- University of Hyderabad. **Date:** 12 – 21 January 2016.
- Attended workshop on “**Effective Teaching Methods**”, UGC Academic Staff College, AMU, Aligarh (U.P), INDIA. **Date:** 16 – 18 March 2017.

#### Conferences Attended

- Presented paper in International Conference on “**Conflict Management in Organizations: An Islamic Perspective**”, Institute of Objective Studies, New Delhi and Department of Psychology, AMU, Aligarh, INDIA. **Dated:** 26-28 October 2009.
- **Participated** in International conference on “**Positive Psychology: A New Approach to Mental Health**”, AMITY UNIVERSITY, Rajasthan. **Dated:** 6-8 August 2010.
- **Presented paper** in National Conference on the title “**Occupational Stress: Causes and coping strategies for teachers**”, organized by S.M.C.L. Kaka Girls PG College, Sikandrabad, Bulandshahr (U.P.) INDIA. **Date:** 23 -24 November 2010.
- **Presented poster** in National seminar on HIV/AIDS on “**Hospital based survey on Menstrual Hygiene**”, Shantiniketan University- West Bengal. **Dated:** 27-29 January 2012.
- **Presented Paper** in the 2<sup>nd</sup> International Psychology Conference on “**Mental Health in relation to work ability among Metro city Employees**” at Mumbai, India. **Dated** 1-3 December, 2013.
- **Presented Paper** in the 2<sup>nd</sup> National Conference of Indian Association of Positive Psychology on “**Mental Health and Life Satisfaction in relation to Work ability among Employees**” at Mumbai. **Dated** 6-8 December 2013.
- **Presented Paper** in the International Conference on Youth, Gender and HIV on the title “**Attitude towards women: An empirical analysis of Youth**”, organized by Amity university, Lucknow. **Date:** 12- 13 August 2014.

- **Presented paper** in National seminar on Traditional Versus Modern Education: Vision and Planning of Muslim Institution organized by CEPECAMI, AMU- Aligarh, on the title **“Perception of madaris teachers towards the goal achievement”**. **Date:** 01- 02 March 2014.
- **Presented Paper** in The International Psychology Conference on **“Impact of organizational change on employees Psychological Well-being”** at AMU, Aligarh 2015
- **Presented paper** in National seminar on yoga and Spirituality on the topic **“Gratitude among male and female students having high and low religious commitment”**, organized by Dept. of Psychology, AMU, Aligarh. **Dated:** 07-08 November 2015.
- **Presented paper** in International Conference on Changing Paradigm of Management Practices for Sustainable development, organized by School of management, BBAU- Lucknow, on the topic **“Discourse on relationship between organizational Citizenship behavior and work ability- a case study of Construction sector labour”**. **Dated:** 05-06 March 2016.
- **Presented paper** in International Conference on Psychology for building Global Community, on the topic **“Assessing Internet Addiction and Psychological Well-being among male and female students”**. **Dated:** 23-25 February 2017.
- **Presented paper** in 5th Rajasthan Science Congress, on the topic **“Organizational Change and Work Ability among MNC employees.”**. **Dated:** 13-15 October-2017.
- **Presented paper** in National Seminar on empowering women through resilience: Process and Potential, on the topic **“Resilience and Stress among pregnant women: Assessing the role of demographic variables”**. **Dated 05-06 November 2022.**
- **Presented paper** in International Conference on Developing new India, on the topic **“Violence against women in relation to hope and resilience among women”**. **Dated 29-30 October 2022.**

#### Scholarships/ Awards/ Positions

- Awarded AMU Alumni Association Toronto, Canada Scholarship for the session 2002-03.
- UP Minority Scholarship for the session 2006-07 & 2007-08.
- Secured 1<sup>st</sup> position in quiz competition organized by National Cadet Cops (NCC) in 2003.
- Awarded certificate of Appreciation by S.N. Hall (AMU) for the post of Proctorial Member, 2009-10.
- Awarded certificate of Appreciation by S.N. Hall (AMU) for the post of Senior Proctorial Monitor, 2015-16.

## Personal Information

- **Father's Name:** Mr. Shujaat Ali
- **Date of Birth:** July 15, 1983
- **Gender:** Female
- **Marital Status:** Single
- **Languages Known:** English, Urdu and Hindi.
- **Hobbies:** Reading & Traveling
- **Qualities:** Leadership, Quick Learner, Hard Working
- **Language proficiency:**
  - Urdu- Mother Tongue (Read, Write and Speak)
  - Hindi (Read, Write and Speak)
  - English (Read, Write and Speak)

I hereby declare that all the information provided by me in this resume is factual and correct to the best of my knowledge and belief.

*Darakhshan Parveen*